North American Herb & Spice

HEART HEALTHY*

Black Seed

Freshly cold-pressed oil supplements

North American Herb & Spice (NAHS) is the world leader in producing the highest quality black seed oil supplements available. This black seed and the cold-pressed oil are the most potent, aromatic complexes known, 100% remote Mediterranean source. Concerning the taste and efficacy, there is no comparison. NAHS's black seed supplements are dense, natural sources of the all-important nutrients which are key for supporting overall cardiovascular health: thymoquinone, carvacrol, and plant sterols.* Thymoquinone accounts for the great potency of black seed for supporting overall heart, arterial, lung, kidney, and digestive health, as well as supporting the health of the immune system.*

Standard black seed supplements:

Oil of Black Seed, 12 OZ—Fortified with oils of wild, organic rosemary and wild, organic Oreganol P73, this is the original, fortified formula, Mediterranean (Turkish)-source, for supporting overall heart, arterial, lung, and digestive health, and 99% black seed oil.* It has a robust flavor and an exceptionally long shelf life.

Oil of Black Seed, convenient 8 OZ—New from NAHS, this is pure, whole food, premium-grade, Mediterranean (Turkish)-source, cold-pressed 100% black seed oil, without any other added ingredients.

Oil of Black Seed Gelcaps—1000 mg gelcaps for convenience, ideal for those who seek a daily, metered dose of black seed oil, 100% cold-pressed. The optimal dose is at least two capsules daily.

Black Seed-Plus—This is NAHS's original, pulverized black seed plus brown cumin seed and red sour grape formula, a powerhouse for supporting a healthy, overall cardiovascular response and also a healthy digestive and lung response.* A true digestive support supplement, it is delicious when added to any food, as well as smoothies.* This is the ideal way to gain the full benefit of the seed and more.

Black Seed Oil Sublingual Mycelized Drops—ABSORB-MAX TQ Black Seed Oil sublingual drops deliver maximum absorption of key active ingredients, including thymoquinone. With its superior taste from raw, organic yacon, it can be taken by children and is an excellent prebiotic from the black seed and the yacon. Ideal for supporting immune, digestive, and cardiac health.*

Note: The powers of black seed and its expressed oil are confirmed by modern research. Look it up on the worldwide web. Coming soon: Watch for our first-ever water extract of black seed, which has been used in scientific studies with positive results. For more information see *The Black Seed Miracle*, Dr. Cass Ingram, Knowledge House Publishers.

North American Herb & Spice 13900 W. Polo Trail Drive, Lake Forest, IL 60045
1-800-243-5242 • 1-847-473-4700 • fax: 1-847-473-4780 • www.oreganol.com

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.